



#### **BACKGROUND**

In recent years, there has been a significant increase in referrals due to the evolving nature of medical and surgical practices towards specialization. This shift has not only added financial strain to patients but has also led to treatment delays and suboptimal outcomes, particularly for diseases like cancer. Rural communities have been disproportionately affected.

To address this gap, Dr. Oidamae Tobiko founded the Africa Integrated Surgical Centre (AISC) in 2021, a multidisciplinary surgical center which is still in its formative stages. At the moment, AISC is run by one specialist surgeon but our goal is to bring on board surgeons from all specialities.





#### **VISION**

Our vision is to become the leading multidisciplinary surgical practice in Kenya, with branches in rural areas nationwide. We strive to make surgical procedures affordable without compromising quality outcomes.



#### **MISSION**

We are committed to delivering exceptional, evidence-based surgical care at the community level. Our goal is to eliminate the necessity for multiple referrals by providing a one-stop facility that offers quality services utilizing cutting-edge equipment and technology.



### **CORE VALUES**

- Patient-Centred Care: At AISC, we firmly believe that every patient is a unique individual deserving of the highest level of respect and empathy. Patient-centred care is not just a philosophy but a non-negotiable principle that guides every interaction within our facility.
- Outcome-Oriented: Our measure of success extends beyond financial metrics. We gauge our effectiveness by the number of lives saved, improved recovery rates, and the successful treatment and prevention of complications. Our primary focus is your health and well-being.
- 3 Efficiency: Time is of the essence, especially when dealing with surgical diseases. We are committed to minimizing delays and ensuring swift access to definitive treatment. As we expand our services to include imaging and laboratory facilities, we aim to further enhance efficiency in patient care.
- Integrity: Honesty and integrity are the bedrock of our practice. We maintain the highest ethical standards in our dealings with patients, staff, and partner institutions. Our charges are transparent and equitable, reflecting the value of the services we provide.





#### SHORT-TERM GOALS

- Assemble a surgical team comprising highly skilled surgeons from various specialties, trained both locally and abroad.
- Reduce surgery-related complications and deaths by facilitating multi-disciplinary discussions for complex cases before and after surgery.
- 3 Establish fully functional theatres, endoscopy suites, and day care wards to lower surgery costs and eliminate additional charges associated with hospitalisation.
- Forge partnerships with County
  Government hospitals to offer specialist
  teachings, clinics, and voluntary operations
  for community benefit.
- Conduct health campaigns addressing major community health burdens, such as cancer, through collaboration with private and public sector healthcare professionals.

# MEDIUM-TERM GOALS LONG-TERM GOAL

Establish branches in rural communities across the country to provide on-site and ambulatory surgical services.

Build a state-ofthe-art surgical hospital that offers comprehensive surgical care.





# Adult and Pediatric surgical consultations

Consultation is the cornerstone of medical and surgical management. Successful treatment of any disease starts with an accurate diagnosis. The key to an accurate diagnosis lies in thorough history taking and a comprehensive physical examination.

At AISC, we firmly believe in the art of effective history taking and a sound physical examination, as they remain unparalleled in the diagnostic process.

# Our comprehensive consultation process for both adults and children include:

- Detailed history taking
- Thorough physical examination
- Interpretation of laboratory and radiological investigations
- Precise diagnosis
- Development of a personalized treatment plan
- Pre-operative patient management and surgical optimization
- Post-operative care
- Rehabilitation, where applicable, to restore patients to their pre-illness state.



# ENDOSCOPY

Endoscopy, a groundbreaking medical technique, involves the use of a slender camera-equipped tube to inspect or treat diseases within hollow organs or structures, such as the stomach. It has revolutionized the diagnosis and treatment of conditions, notably gastrointestinal cancer.

#### Our endoscopic services encompass:

- Upper Gastrointestinal Tract (GIT) endoscopy, providing insights into the esophagus, stomach, and the initial part of the small intestines.
- Treatment procedures such as banding of Esophageal varices, dilatation and stenting, insertion of feeding tubes (PEG), and placement of weight loss gastric balloons.
- Lower GIT endoscopy (Colonoscopy) which plays a pivotal role in reducing colorectal cancer mortality.

Colonoscopy, in particular, is a highly recommended investigation, proven to lower the risk of colorectal cancer-related fatalities.

For individuals of African descent, it is advisable to undergo colonoscopy by their 45th birthday or earlier if there is a family history of colorectal cancer.



# Breast Care Clinic

# Our specialized Breast Care Clinic serves a multifaceted purpose:

- Diagnosis and treatment of benign (non-cancerous) breast diseases.
- Precise diagnosis and surgical treatment of breast cancer.
- Ongoing care and follow-up for known breast cancer patients.
- Comprehensive follow-up care for breast cancer survivors.
- Breast cancer screening, a proactive approach to detect the disease before symptoms manifest.

We place a significant emphasis on breast cancer due to its global impact, affecting not only women but also men. The World Health Organization (WHO) reported a staggering 2.3 million new cases of breast cancer diagnosed worldwide in 2020 alone

#### PRICING STRATEGY

At AISC, our pricing strategy is rooted in a deep understanding of the challenges faced by the communities we serve. We recognize that many individuals in our community struggle to meet even their basic needs, including access to affordable healthcare. Therefore, we have carefully structured our pricing to be sensitive to the financial constraints of our patients.

Our commitment to affordability is not just a statement but a tangible reflection of our dedication to ensuring that quality healthcare remains within reach for those with limited resources



### **COMPETITIVE DIFFERENCE**

#### **LOCATION**



Situated within the heart of our community, our practice is strategically located to provide easy access to healthcare services. We believe that proximity to care can make all the difference, especially in times of urgent need.

#### **AFFORDABILITY**



One of our key competitive advantages lies in our ability to provide high-quality healthcare services at prices that align with the financial realities of our community. Our charges have been thoughtfully designed to cater to individuals with limited financial resources, making us a trusted choice for accessible healthcare.

## COLLABORATIVE TEAM APPROACH



Unlike many traditional practices, we operate as a cohesive team of healthcare professionals. This collaborative approach allows us to harness a wide range of expertise and perspectives to provide comprehensive care to our patients. Every member of our team is dedicated to your well-being.

#### FOUNDER & MANAGING CONSULTANT

**DR. OIDAMAE TOBIKO:** Serves as the Head of Clinical Services and Operations.

He is a specialist in general and laparoscopic surgery with an impressive academic and professional background. Dr. Tobiko earned his Fellowship in General Surgery (FCS(SA)) from The University of Witwatersrand, South Africa, in 2013. In 2019, he furthered his expertise by obtaining a Diploma in Minimal Access Surgery (D.MAS) and a Fellowship in Minimally Access Surgery (F.MAS) from the esteemed World Laparoscopic Hospital (WLH) in New Delhi, India.

Dr. Tobiko's training in South Africa, renowned for producing world-class surgeons, involved comprehensive rotations in subspecialties of general surgery. Throughout this period, he acquired extensive knowledge and honed practical skills in diverse areas, including but not limited to, Critical Care, Trauma, Hepatobiliary, Upper GIT, Colorectal, Breast & Endocrine, Vascular Surgery, Transplant, and Pediatric Surgery, among others.

With a decade of experience, Dr. Tobiko has excelled in performing complex surgeries while also imparting his knowledge to medical students and residents. His work in South Africa and Namibia has honed his skills in Endoscopy, Surgical Oncology, common Pediatric surgical procedures, Vascular access for dialysis, Major trauma (including Neurotrauma and Major Vascular injury), and the management of critically ill patients—an area where his ICU experience lends a valuable edge.



**Dr Oidamae Tobiko**FCS(SA), F.MAS, D. MAS(WLH)
Specialist General &
Laparoscopic Surgeon.

Dr. Tobiko's impressive qualifications and extensive experience make him an invaluable asset to Africa Integrated Surgical Centre, where his leadership and expertise ensure the highest standards of surgical care and patient well-being.







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